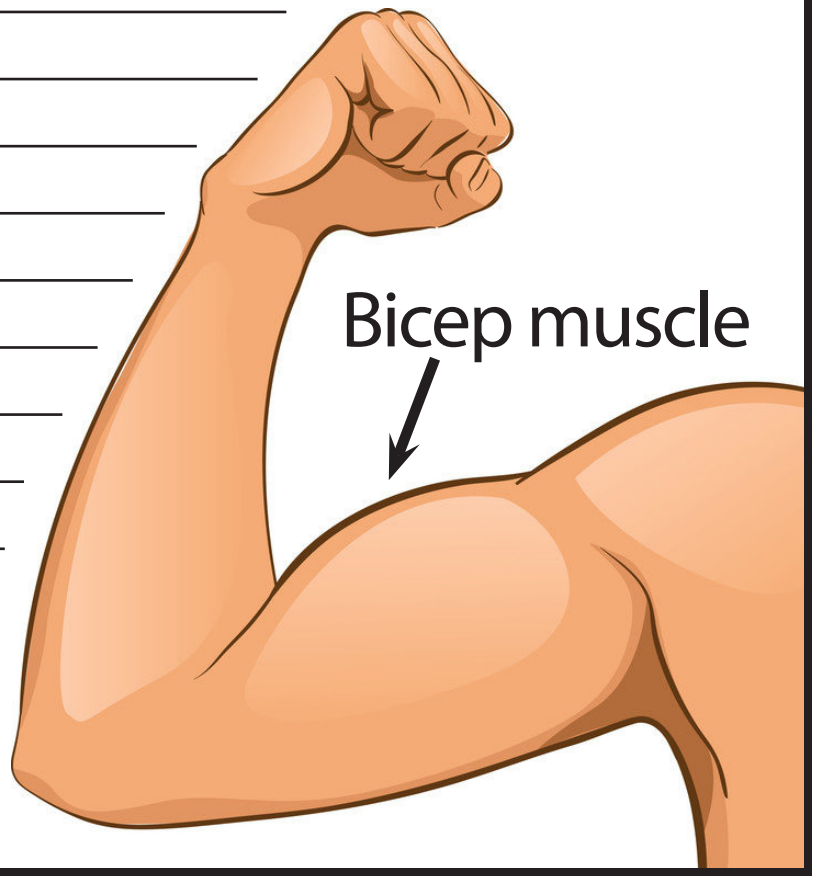
Writing in P.E. — Disciplinary Literacy with Muscle

Your bicep muscle is located on the front of your arm between your elbow and your shoulder. In weight lifting, it is used to curl the weight up to the head area. In everyday activity, the bicep works when moving furniture, picking up a young child, or scratching your head. Your writing assignment is to write as if you are the bicep muscle and explain what it would be like when you are being used. Write in first person as if telling a story from the bicep's perspective.



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