

Choosing Sides: Eating candy

(Write topic here.)

FROM Kids

1
When I eat candy, it makes me happy, and then I act nicer to my family.

Candy is a special treat for kids who have been good.

FROM Parents

2
The amount of candy given to children should be limited . It should only be offered *after* a meal.

Children shouldn't eat too much candy because it causes them to get too hyper.

FROM Dentists

3
Children who eat too much candy end up with too many cavities.

Eating candy before a meal can cause children not to eat the healthy foods they need.

Often children who eat too much candy don't have a taste for good foods like fruit and vegetables.

FROM Candy

4
I'm a special treat for people. I encourage them and offer them a way to celebrate after an accomplishment.

I can be a great motivator for children to do their chores and homework.